

NATIONAL ALLIANCE  
~of~  
**CHILDREN'S TRUST & PREVENTION  
FUNDS**

www.ctfalliance.org

## Bringing the Protective Factors Framework to Life in Your Work – A Resource for Action

The National Alliance of Children's Trust and Prevention Funds (Alliance) is pleased to make available an online training to support implementation of the Strengthening Families™

Available free of charge at  
[www.ctfalliance.org/onlinetraining](http://www.ctfalliance.org/onlinetraining)

Protective Factors Framework in multiple settings. This curriculum includes materials on partnering with parents and promising strategies to strengthen families for practitioners. This resource for action was developed with support of the Doris Duke Charitable Foundation and builds on earlier work of the Alliance, state children's trust and prevention funds and state and national partners. The Center for the Study of Social Policy has been a critical partner in developing this work.

**Overview:** The curriculum consists of seven courses, each designed to be about two hours in length: the introductory course, a course focused on each of the five protective factors (each exploring one or two program strategies) and a final review and reflection course that helps participants move from knowledge to action. The introductory course can serve as a brief, stand-alone Strengthening Families™ 101 training. This resource is for anyone who works with children and families, including parents, practitioners and supervisors.

**Using the curriculum to help build strong families and communities:** The Alliance is providing this resource to support, expand and enhance work to strengthen and support families. Email [onlinetraining@ctfalliance.org](mailto:onlinetraining@ctfalliance.org) to discuss the options and tools in the course. Some state systems have permission from the Alliance to grant professional development credit for the courses. The Alliance is currently developing a system for offering CEUs for the courses based on a minimal cost to the participant.

### Introducing Two In-Person Trainings

The Alliance is also pleased to introduce two in-person trainings based on the online curriculum:

- 1 A training of trainers:** The adaptation has the same structure and content as the online version, but with activities added to enhance adult learning styles and group settings. It includes a trainer's manual, handouts and presentation materials (training videos, audio and PowerPoint slides) for each course. Organizations hoping to train a large number of trainers may choose to contract with the Alliance to deliver the training on-site. Plans are currently being made to offer the training to multiple organizations in a central location that serves the interested parties. If you are interested in sending representatives to an upcoming training or in bringing the training directly to your organization, please contact the Alliance by email at [tot@ctfalliance.org](mailto:tot@ctfalliance.org).
- 2 A training for those working with Quality Rating and Improvement Systems:** This 2-day training was developed by the Alliance specifically for quality improvement consultants and specialists. The training equips consultants to use the Protective Factors Framework as a tool to help early learning and care professionals partner with parents in ways that acknowledge and honor parents' decision-making and leadership capacities for themselves and their families. Participants in the training gain access to a virtual library that contains an array of resource materials, organized according to the protective factors. If you are interested in this training, contact the Alliance by email at [qristraining@ctfalliance.org](mailto:qristraining@ctfalliance.org).



### Outline of the Online Curriculum

#### Introduction/Strengthening Families 101

- ✦ Introduction of the Strengthening Families™ Protective Factors Framework and strength-based approach
- ✦ Introduction of the Strengthening Families™ Protective Factors Framework Self-Assessment
- ✦ Appropriate as a stand-alone orientation to the Framework

#### Five Protective Factors Courses

Each course includes:

- ✦ Purpose and learning objectives for the course
- ✦ Definition and explanation of the protective factor and related strategy (or strategies)
- ✦ Quizzes, activities, and reflective questions
- ✦ Real-life parent stories documenting the power of building protective factors
- ✦ An opportunity to connect with other learners through an online Learn and Share forum
- ✦ Engaging mix of written text, video and audio examples
- ✦ Individualized Action Plan (IAP) work
- ✦ A direct link in the Websites and Resources section to the Strengthening Families™ Self-Assessment for that Protective Factor

#### Moving from Knowledge to Action

- ✦ Reflective summary to help synthesize the learning experience
- ✦ Introduction to the systems concepts of the Strengthening Families™ "Levers for Change"

#### Tools to Enhance Use of the Curriculum

- ✦ Global Glossary, short instructional videos to maximize the learner's experience and FAQs
- ✦ Downloadable outline and Certificate of Completion for each course
- ✦ Key sources, references and websites as an addendum to each course
- ✦ Users' ability to create a personal profile and portfolio to store onsite and share work
- ✦ Portfolio Review Guide for instructors to use the curriculum as part of a face-to-face training